

Ysgol Clywedog

Distance Learning LP5

Key Stage 3



For the Learner

We hope you're well.

Please find an idea of a routine that you could follow during this week. We hope that you can try your best to work through the tasks. You will find that the general activities follow the same model every week, and the specific weekly tasks which have been set specifically for you by your class teacher are available on Google classrooms

(<http://clywedog.org/distance-learning-programme/>).

You will notice that some of the tasks need to be completed and submitted online whilst others will be down to your own independent learning.

Please make sure that you design a timetable for yourself that is achievable according to your family's routine.

Your teacher is available should you have further questions regarding the work.

If you need to speak to someone in a more general context your head of year or form tutor is available to advise you on the best person to contact.

For the Parent/Carer

We are in a period of significant change to the way in which schools work and as a result the way in which we learn is changing rapidly. As always, please encourage your child to follow the weekly plan for exercise, social and leisure time as well as the learning, and please so contact us if you require further information.

Your child's class teacher is available via Google Classroom – please click on this link for further help: <http://clywedog.org/distance-learning-help/>

This week's plan suggests three sessions of work per day, available on Google Classrooms (GC) as well as a choice of the additional activities.

The work provided is all guided by the teachers, and includes details about when they can be contacted for support as well as what they expect to receive back from your child, by when and what this should/could look like.

Feedback should be provided to all students on a weekly basis.

We hope that all will be well with you – and we look forward to further feedback regarding the tasks from you.

Take care,
Matt Vickery, Headteacher.

The Teacher's Role

Your class teacher will be your first point of contact should you have any questions regarding the work set.

If you need to speak to someone in terms that are more general, contact your head of year.

For technical support, the ICT support department can be contacted vle@clywedog.org.

The instructions given for each task should allow you access to the work, and should be clear. However, we all know that sometimes the need will arise where you will need to clarify details of the task with your teacher. If this is the case, your teacher's contact details are included in Google Classroom and they will endeavour to contact you as soon as they possibly can. Please bear in mind that they teach several hundred children, and as a result it may take some time for them to respond if many ask questions at the same time.

Your teacher may create a group discussion online which you may choose to take part in. This is the only activity which must be done at a particular time and the teachers will expect you to form your own timetable in accordance with your family's routine.

Main Task for the day

This should be two of the tasks that your class teachers have set for you – either on google classrooms or via a booklet.

This task should take a significant amount of time and the work completed should be to the best of your ability, well-presented and in a format which can be read by others. You should expect feedback from your teacher following this task – either shared via a video for the whole class, or as a photograph or text summary.

Make sure that you balance subjects during the week and over the course of several weeks.

2 hours per week each of English, Maths and Science
1 hour per week of each other subject

Additional General Task Ideas for Students and Parents

Physical Activity (30 minutes)

It is recommended that we take part in 30 minutes of physical activity per day. Vary the types of activities that you take part in as much as possible.

Outdoor Activity

- Take a walk locally - what do you see, hear, smell?
- 'Fitness Fifteen' - walk / run for a quarter of an hour around the garden, up and down the 'drive'
- Football, netball / or basket (bin as basket) skip
- How about exercising on a trampoline or pogo stick?

Indoor workouts

- Take part in online 'YouTube' workouts.

Keep a record of your physical activity – and make sure that you vary the types of activity over the course of the week.

Community (30 minutes)

Being a part of the community and displaying support for each other and acts of kindness are important during this challenging time.

Outdoor Activity

- Hang washed clothes on the line, brush your backyard, collect any rubbish (using gloves), tidy up any sport equipment, water flowers and plants, plant seeds and care for them, weed the garden (using gloves),...
- Leave a message for others walking past your house – in chalk on the pavement, as posters in windows, ...
- Post messages to others whilst on your daily walk / Leave gifts outside the doors of others that are self-isolating (with parental supervision).

Indoor Activity

- Wash, dry and put away dishes, wipe down work surfaces, clothes in wash basket / washing machine, clothes in correct drawers/wardrobe, vacuum, mop, check date of food in fridge, plan a weekly menu and contribute to the cooking/preparation of meals,
- Write letters to family, friends and neighbours who are isolated – you could design your own cards for this.

Use your diary to keep a record of the new skills that you have developed, and the acts of kindness that you have taken part in.

Current Affairs and General Knowledge (15 minutes)

We are in a time of historical significance, and it is important that the knowledge that you gain and discuss is accurate and factual.

BBC Newsround

<https://www.bbc.co.uk/newsround>

Ffeil

<http://www.s4c.cymru/cy/stwnsh/ffeil/>

General thinking

<https://formtimeideas.com/>

Write a summary of the news in a daily diary.

Choose 3 things you now know and make a poster of them. Share these ideas with your family and place the poster in your window for today. Take a photo of it and share it with your teacher.

Literacy (30 minutes)

It is important to develop your literacy every day. This can include using correct language when communicating with others, reading a suitable book/text every day, listening to suitable programmes / podcasts during the day.

- Read an article from First News and answer the comprehension questions:
<https://subscribe.firstnews.co.uk> and <https://readon.myon.co.uk/>
- Read a report from the Newsround website and discuss this with a member of your household
- Think of as many synonyms as you can for the following words: said; walked; got; bright . Put these in the form of a mind map
- Find out the meaning of the following prefix and mind map as many words as you can that have that prefix : This week's prefix: POLY
- Play the alphabet game with somebody in your house or a friend: Think of an adjective that begins with each letter of the alphabet

Summarise the phrases, reading and listening activities you have taken part in today in your diary. Mention ones that you particularly enjoyed. Share these with friends.

STEM (30 minutes)

Science, technology and maths working together are critical to our future needs as a nation. Working with members of your family on these ideas is a great opportunity to widen your experiences.

Project ideas as a family:

- Family-based STEM tasks <https://www.stem.org.uk/elibrary/resource/32069>
- British Science Week – KS3 Activity Pack https://www.britishtscienceweek.org/plan-your-activities/activity-packs/?gclid=EA1aIQobChMI1tLzS4HU6AIVCbrtCh1FigkQEAAyAAEgICkFD_BwE
- Guide Dogs for the Blind STEM projects - Series of bilingual resources for all phases covering all STEM subjects https://www.guidedogs.org.uk/resources/learning-resources/stem-projects?gclid=CjwKCAjwguzzBRBiEiwAgU0FT3BGaFwGg1V7-8ZuuaBQad1y2-XhwzsHLMNR_C9cW2Nz05HgBOLRzBoCj
- Big Ideas -How can engineers help project the planet ? <https://www.big-ideas.org/join1851/>
- NASA - <https://www.jpl.nasa.gov/edu/teach/tag/search/Pi+Day>

Dyson foundation – STEM challenges that can be completed at home

<https://www.jamesdysonfoundation.co.uk/resources/challenge-cards.html>

Summarise your learning as a spider diagram (together with other members of your family if working together).

Wellbeing (15 minutes)

We would usually interact with many people during the day. This period involves social isolation, which means a significant change for us all.

Communicate with others

- Keep in touch with family members, friends or teachers on the phone, skype chat, FaceTime, Google Classroom etc. - talk more about what you have been doing.
- Write letters to older relatives, friends or neighbours and post to them.
- Make a video of something you do, talk about it and share it with the teacher.

Mindfulness and self-care

- Cosmic Kids Zen Den (mindfulness) <https://www.youtube.com/watch?v=jzYtNWjQik0>
- Febefy – The Whole Child (mindfulness – 5 minutes per day)
<https://www.youtube.com/watch?v=R9w7SjHaZmE>

Eating healthily

- NHS <https://www.nhs.uk/live-well/eat-well/healthy-eating-for-teens/>
- British Nutrition Foundation
<https://www.nutrition.org.uk/healthyliving/helpingyoueatwell.html>

Express your feelings in your diary.

Discuss with others. If you are happy to do so, you could share a photo of this with your class teacher.

Include a food log for the day?

Numeracy (15 minutes)

It is important that you regularly practice your numeracy skills and this should be a daily event. Richer tasks should happen less often but include more thought and the development of understanding. This should take 15 minutes every day.

Develop number fluency:

- **Numeracy Ninjas (free access at all times)**
http://www.numeracyninjas.org/?page_id=163
- **TT Rockstars** <https://play.ttrockstars.com/>
- <https://formtimeideas.com/numeracy>

Revision of an area of mathematics:

- **Mathswatch (Cost element to subscription)** <https://vle.mathswatch.co.uk/vle/>
- **MyMaths (cost element to subscription)** <https://www.mymaths.co.uk/subscribe.html>
- Corbett Maths <https://corbettmaths.com/>
- Mathemateg.com <https://www.mathemateg.com/>

Keep a record of the numeracy skills updated, and write a notecard for the topic that you have revised. Post your notecard online to your teacher and share with your class.

Creative (30 minutes)

Looking at different artists, sculptures, graffiti, and other mediums of expression provides is with a different medium to express this time that we're living in. This could be work done with siblings / family members rather than individually.

- Tate for kids <https://www.tate.org.uk/kids>
- Arts council for Wales https://creativelearning.arts.wales/creative-learning?_ga=2.119794184.1449904586.1586256682-427205998.1586256682
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Choose a title from your learning this week, and use an artist's style to create your own work. Write a brief description that would be suitable for your work if displayed in a gallery. Send an electronic picture of your work and the description to your class and ask for others to critique your work.