



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Betsi Cadwaladr
University Health Board

IMPORTANT NOTICE - Your child's consent form is to be returned to school on the day of the planned session.

September 2022
Clywedog School

Help keep your child well this winter – make sure they have their flu vaccine.

Dear parent or guardian,

The school nursing/immunisation team will visit school on **09.11.22** to offer pupils a **nasal spray flu vaccine**. The NHS recommends all eligible children should have a flu vaccination every year, and this has been extended to children in secondary school years 7 to 11 this year across Wales.

Please read the information and complete the consent form.

It's very important to protect your child from flu to make sure they stay as healthy as possible, as both COVID-19 and flu are likely to circulate this winter. Last year, nearly seven out of 10 primary school children in Wales had their flu vaccine.

The best flu vaccine for most children is a nasal spray. This is the vaccine that will be given on the day.

We have included flu vaccination information and a consent form with this letter. To help make sure the vaccine is suitable for your child, and they don't miss out, please take time to read the information.

If you want more information about flu vaccination for children, please contact the school nurse or immunisation team, or phone NHS **111** Wales or visit phw.nhs.wales/flu vaccine.

Please keep this letter as it contains the date of the vaccination session and contact details.

Please keep this letter as it contains the date of the vaccination session and contact details.

Yours faithfully

Immunisation Team

03000 858599

Note: There are a very small number of children who should not have the nasal flu vaccine please see the information sheet for more detail, or look at phw.nhs.wales/flu vaccine



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Betsi Cadwaladr
University Health Board

PWYSIG – I dychwelyd y ffurflen cydseinio eich plentyn yn ol i'r ysgol ar diwrnod y sesiwn os gwelwch yn dda.

Medi 2022
Ysgol Clywedog

Helpwch i gadw eich plentyn yn iach y gaeaf hwn – gwnewch yn siŵr ei fod yn cael ei frechlyn fflw.

Annwyl riant neu warcheidwad,

Bydd tîm nyrsio/imiwneiddio'r ysgol yn ymweld â'r ysgol ar **09.11.22** i gynnig **brechlyn fflw chwistrell trwyn** i ddisgyblion. Mae'r GIG yn argymhell y dylai pob plentyn cymwys gael brechiad fflw bob blwyddyn, ac mae hyn wedi'i ymestyn i blant ym mlynnyddoedd 7 i 11 mewn ysgolion uwchradd eleni ledled Cymru.

Darllenwch y wybodaeth a llenwi'r ffurflen ganiatâd.

Mae'n bwysig iawn amddiffyn eich plentyn rhag y fflw er mwyn sicrhau ei fod yn aros mor iach â phosibl, gan fod COVID-19 a'r fflw yn debygol o fynd ar led y gaeaf hwn. Y llynedd, cafodd saith o bob 10 o blant ysgol gynradd yng Nghymru eu brechlyn fflw.

Y brechlyn fflw gorau i'r rhan fwyaf o blant yw chwistrell trwyn. Dyma'r brechlyn a roddir ar y diwrnod.

Rydym wedi cynnwys taflen wybodaeth a ffurflen ganiatâd gyda'r llythyr hwn. Er mwyn helpu i sicrhau bod y brechlyn yn addas ar gyfer eich plentyn, ac nad yw'n colli allan, rhowch amser i ddarllen yr wybodaeth.

Os ydych eisiau cael rhagor o wybodaeth am frechu rhag y fflw i blant, cysylltwch â nyrs yr ysgol neu'r tîm imiwneiddio, neu ffoniwch GIG **111** Cymru neu ewch i [icc.gig.cymru/brechlynfflw](https://www.gig.cymru/brechlynfflw).

Cadwch y llythyr hwn gan ei fod yn cynnwys dyddiad y sesiwn brechu a manylion cyswllt.

Yn gywir

Tim Imiwneiddio

03000 858599

Noder: Mae nifer bach iawn o blant na ddylent gael y brechlyn fflw drwy'r trwyn. Gweler y daflen wybodaeth i gael rhagor o fanylion, neu edrychwch ar [icc.gig.cymru/brechlynfflw](https://www.gig.cymru/brechlynfflw)